Becoming a S.E.E.D. Certified® School



Schools Excelling in Emotional Development (S.E.E.D.) Certification[®] is a research based, comprehensive training program.

Designed for

home care providers | childcare centers | early childhood education facilities



Operating from a state of regulation reduces burnout and increases teacher retention.

We've carefully designed each lesson in the S.E.E.D. Certification[®] program to build emotional intelligence by diving into social programming, biases, and triggers so teachers can bring the self-awareness and the self-regulation skills necessary to teach children from a regulated state.

Tell me more...

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Includes 8 courses, with 7 hours of professional development.

Available in both English and Spanish.

Every teacher has their own access to these workshops, creating a unified approach.

Pay one fee for professional development. While certified, add new teachers at no additional cost.

All families receive access to our online course, **Tiny Humans, Big Emotions**, to do this work collaboratively with teachers.

What courses are included?

- ✓ Bias ℰ Self-Awareness in the Classroom
- ✓ Self-Care to Prevent Burnout
- ✓ Anti-Bias Curriculum for Anti-Racist Classrooms
- ✓ Sensory Integration Beyond Sensory Bins: Calming the Central Nervous System
- ✓ Connecting with Families
- ✓ Emotion Coaching for Emotion Processing
- ✓ Boundaries, Discipline, & Visual Aids for Emotionally Supportive Classrooms
- ✓ Supporting the Development of Children's Regulation and Language Through Play

Workshops are presented by:



EMAIL ANGELA@SEEDANDSEW.ORG OR <u>CLICK HERE</u> TO BOOK A CALL

FOR MORE INFORMATION, VISIT WWW.SEEDSCHOOLS.ORG